Ansell-Casey Life Skills Assessment

Youth Level II — Version 4.0

Instructions: These questions will ask you about what you know and can do. Please try to answer all the questions.

Demographics

1. I am:  ○ Male  ○ Female

2. My current age (years): ________

3. My grade in school:

   ○ 1st grade  ○ 9th grade
   ○ 2nd grade  ○ 10th grade
   ○ 3rd grade  ○ 11th grade
   ○ 4th grade  ○ 12th grade
   ○ 5th grade  ○ Trade school
   ○ 6th grade  ○ In college
   ○ 7th grade  ○ Not in school
   ○ 8th grade  ○ Other

4. My race/ethnicity? (Please choose all that apply)

   ○ American Indian or Alaskan
     Native
   ○ Asian Indian
   ○ Black, African-American
   ○ Chinese
   ○ Filipino
   ○ Guamanian or Chamorro
   ○ Hispanic/Latino/Spanish
   ○ Japanese
   ○ Korean
   ○ Native Hawaiian
   ○ Other Asian
   ○ Other Pacific Islander
   ○ Other Race: ____________
   ○ Samoan
   ○ Vietnamese
   ○ White
5. **My primary race/ethnicity? (Please choose only one)**

- American Indian or Alaskan
- Asian Indian
- Black, African-American
- Chinese
- Filipino
- Guamanian or Chamorro
- Hispanic/Latino/Spanish
- Japanese
- Korean
- Native Hawaiian
- Other Asian
- Other Pacific Islander
- Other Race: ___________
- Samoan
- Vietnamese
- White

6. **If you are American Indian, Native American, or Alaska Native, please write the name of your Tribal or Community Affiliation on the line below.**

____________________________________________________________________

7. **Postal (zip) code of your home address (for research purposes):_____**

8. **Which answer best describes your current living situation:**

- On my own (alone or shared housing)
- With my birth (biological) parents
- With my birth (biological) mother or father
- With my adoptive parent(s)
- With my foster parent(s) who is/are unrelated to me
- With relatives (not foster care)
- With relatives who are also my foster parents
- In a group home or residential facility
- In a juvenile detention or corrections facility
- With a friend’s family (not foster care)
- At a shelter or emergency housing
- With my spouse, or partner, or boyfriend or girlfriend
- Other

9. **How many years have you been in this living situation? ____________**
10. **I have a Social Security card:**
   - [ ] Yes
   - [ ] No

11. **When completing this assessment, I am at the following location:**
   - [ ] Employment or vocational agency
   - [ ] Youth/family community service agency
   - [ ] School library, classroom, or computer room
   - [ ] Public Library
   - [ ] Foster care agency
   - [ ] Recreation facility (like YMCA, Boys/Girls Club)
   - [ ] Where I live
   - [ ] University
   - [ ] Church, synagogue, temple, mosque or religious facility
   - [ ] Juvenile detention or correction facility

**Knowledge and Behavior Items** Please circle the number (1, 2 or 3) that describes you best:

<table>
<thead>
<tr>
<th>Communication</th>
<th>Not like me</th>
<th>Somewhat like me</th>
<th>Very much like me</th>
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</thead>
<tbody>
<tr>
<td>1. I ask for help when I need it</td>
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<td>2. I explain how I am feeling (like angry, happy, worried or depressed)</td>
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<td>3. I get help if my feelings bother me</td>
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<td>4. I clearly present my ideas to others</td>
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<td>5. I ask questions to make sure I understand something someone has said</td>
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<td>When I disagree with someone, I try to find a compromise</td>
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<td>7. I accept compliments or praise without feeling embarrassed</td>
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<td>8. I talk over problems with a friend</td>
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<td>9. I talk with an adult I feel close to</td>
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<tr>
<td>Daily Living</td>
<td>Not like me</td>
<td>Somewhat like me</td>
<td>Very much like me</td>
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<td>1. I buy things at the store on my own</td>
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<td>2. I save money for things I want to buy</td>
<td>1</td>
<td>2</td>
<td>3</td>
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<td>3. I can fix meals for myself on my own</td>
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<td>3</td>
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<td>4. I fix my clothes when they need it, like sewing on a button</td>
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<td>5. I compare prices on different brands to get the best price</td>
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<td>2</td>
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<td>6. I use things in the kitchen, like the microwave, electric mixer, and oven</td>
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<td>2</td>
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<td>7. I can name two ways to save money on things I buy</td>
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<td>2</td>
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<td>8. I prevent or minimize roaches, ants, mice, mold, mildew, etc</td>
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<td>9. I know how to wash my clothes according to the label (for example, hand wash, dry clean, cold water)</td>
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<td>10. I keep my living space clean</td>
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<td>2</td>
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<td>11. I usually know how much money I have in savings</td>
<td>1</td>
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<td>12. I store food so it doesn’t spoil or go bad</td>
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<td>13. I follow the basic fire prevention and safety rules for where I live</td>
<td>1</td>
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<td>14. I can set up a free email account</td>
<td>1</td>
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<tr>
<th>Self-Care</th>
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<tbody>
<tr>
<td>1. I can explain how girls get pregnant</td>
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<tr>
<td>2. I can explain how to prevent pregnancy</td>
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### Social Relationships

<table>
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<tr>
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<th>Not like me</th>
<th>Somewhat like me</th>
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<td>3.</td>
<td>I can name two or more places to get help if I feel unsafe</td>
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<td>2</td>
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<td>4.</td>
<td>I can take care of minor injuries and illnesses</td>
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<td>5.</td>
<td>I can explain what happens to your body if you smoke or chew tobacco, drink alcohol, or use illegal drugs</td>
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<td>6.</td>
<td>I can explain two ways to prevent sexually transmitted diseases (STDs) such as HIV/AIDS and syphilis</td>
<td>1</td>
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<td>7.</td>
<td>I can contact places around where I live to get information on sex or pregnancy</td>
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<td>8.</td>
<td>I can turn down a sexual advance</td>
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### Work and Study Skills

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<tr>
<td>1.</td>
<td>I use the library, newspaper, computer/Internet, or other resources to get information</td>
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<td>2.</td>
<td>I look over my work for mistakes</td>
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<td>3.</td>
<td>I can explain why good job references are Important</td>
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</table>
4. I can describe the steps to reach one of my goals
   1 2 3

5. I think about how my choices affect my future a year or more from now
   1 2 3

6. I think about how my choices affect others
   1 2 3

7. I think about more than one choice when I decide something
   1 2 3

8. When I’m not sure about a choice, I ask my friends or family for ideas
   1 2 3

9. I can explain the education or training needed for my career options
   1 2 3

10. I get my work done on time
    1 2 3

11. I can start, shut down, and restart a computer
    1 2 3

**Performance Items**

Please mark the best answer for each of the following questions:

**Communication**

1. If you do not understand what someone else has said, you should?
   A. Ask them questions
   B. Ignore them
   C. Ask your friends to help you understand
   D. Smile a lot so they think you do understand anyhow

2. If you disagree with your friends, you should?
   A. Try to convince them you are right
   B. Just agree with them anyway
   C. Agree to have different opinions
   D. Stop being friends with them

**Daily Living**

3. Before you buy an expensive CD player, you should?
   A. Make sure you have enough money to pay for it
   B. Ask someone who has a similar CD player
C. Compare prices for different brands of CD players  
D. All of the above

4. Where's the best place to store uncooked macaroni?  
   A. In the refrigerator  
   B. In the freezer  
   C. In the store  
   D. In the cupboard

Self Care

5. If a person smokes cigarettes, they will?  
   A. Harm their health  
   B. Have lower grades in school  
   C. Have fewer dates  
   D. Start drinking alcohol

6. The very best way to avoid a sexually-transmitted disease (STD) is to?  
   A. Use a condom  
   B. Only have sex with someone you know really well  
   C. Not have sex  
   D. Ask your partner if he or she has an STD

Social Relationships

7. When someone speaks up for themselves and lets others know what they want, they are being?  
   A. Assertive  
   B. Aggressive  
   C. Mean  
   D. Foolish

8. If your teacher says something that hurts your feelings, you should?  
   A. Ignore it  
   B. Talk to the teacher after class about what was said  
   C. Get angry and talk back to the teacher  
   D. File a complaint

9. If someone asks for my address online, I would?  
   A. Give it to them  
   B. Give them my cell phone number  
   C. Say no  
   D. Alert an adult
Work and Study Skills

10. When you need to decide something important, you should?
   A. Always decide alone
   B. Think about the different choices you have
   C. Put off making a decision as long as you can
   D. Make the first choice that you think of

11. If someone drops out of school, they are more likely to?
   A. Go to college
   B. Find a good paying job
   C. Get a good place to live
   D. Have trouble finding a job

Assessment Evaluation

1. Not counting today, how many times have you taken an ACLSA?
   
2. I filled out this assessment (please mark all that apply):
   ○ With an adult ○ By myself ○ With a friend

3. How did you like this assessment?
   ○ I liked it ○ It was OK ○ I didn’t like it
**Additional Questions**

This section is for use with questions provided by your school, agency or caregiver.

If no questions have been provided, you may stop here. Thank you.

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